

3-HALF DAY INTRODUCTORY WORKSHOP ON “MOTIVATIONAL INTERVIEWING”

3 - half day Introductory Workshop

10, 17 & 24 October 2020 (Saturdays)



Mr. Paul Kong

*Clinical Psychologist
Founding Chairman of CAMI
Member of MINT*

Mr. Kong is currently working and providing clinical psychology service in United Christian Hospital and has accumulated rich experience in the addiction field as well as in the mental health services. He dedicates his time in applying and developing Motivational Interviewing in the local context and has been invited to offer different levels of MI trainings to the healthcare professionals in Hong Kong, Macau, China, and Singapore. He is the founding chairman of Chinese Association of Motivational Interviewing (CAMI).

Motivational Interviewing (MI),

an evidence-based clinical method, a form of collaborative conversation for

- ◆ addressing the common problem of ambivalence about change; and
- ◆ strengthening a person's own motivation and commitment to change

Over 1100 controlled clinical trials yields positive effects on a wide array of problem areas, including cardiovascular rehabilitation, diabetes management, dietary change, hypertension, illicit drug use, infection risk reduction, management of chronic mental disorders, problem drinking, problem gambling, smoking, as well as concomitant mental and substance use disorders.

3-half day Introductory Workshop

- ◆ suits new comers to MI or returners for revision or latest update

Motivational Interviewing Network of Trainers (MINT) is an international organization of trainers in MI. Their central interest is to improve the quality and effectiveness of counseling and consultations with clients about change.

This workshop will provide you a good foundation of MI prior to applying for participation in the MINT-endorsed Training for New Trainers (TNT), which is a formal process and requires demonstration of participants' current ability to practice MI. Completion of TNT will give eligibility to join MINT.

Date 10, 17 & 24 October 2020 (Saturdays)

Time 9:00am – 1:00pm (8:45am - Registration)

Format: Online (Zoom)

Fee HK\$2,100 (Introductory)

***Medium of Instruction: mainly in Cantonese**

***Accreditation from Professional Bodies (In progress): CME, DCP, DEP, OT & PT**



What is MINT? How to become member of MINT?

The Motivational Interviewing Network of Trainers (MINT) is an international organization of trainers in motivational interviewing. The trainers come from diverse backgrounds and apply MI in a variety of settings. Their central interest is to improve the quality and effectiveness of counseling and consultations with clients about behavior change. Started in 1997 by a small group of trainers trained by William R. Miller and Stephen Rollnick, the organization has since grown to represent 35 countries and more than 20 different languages.

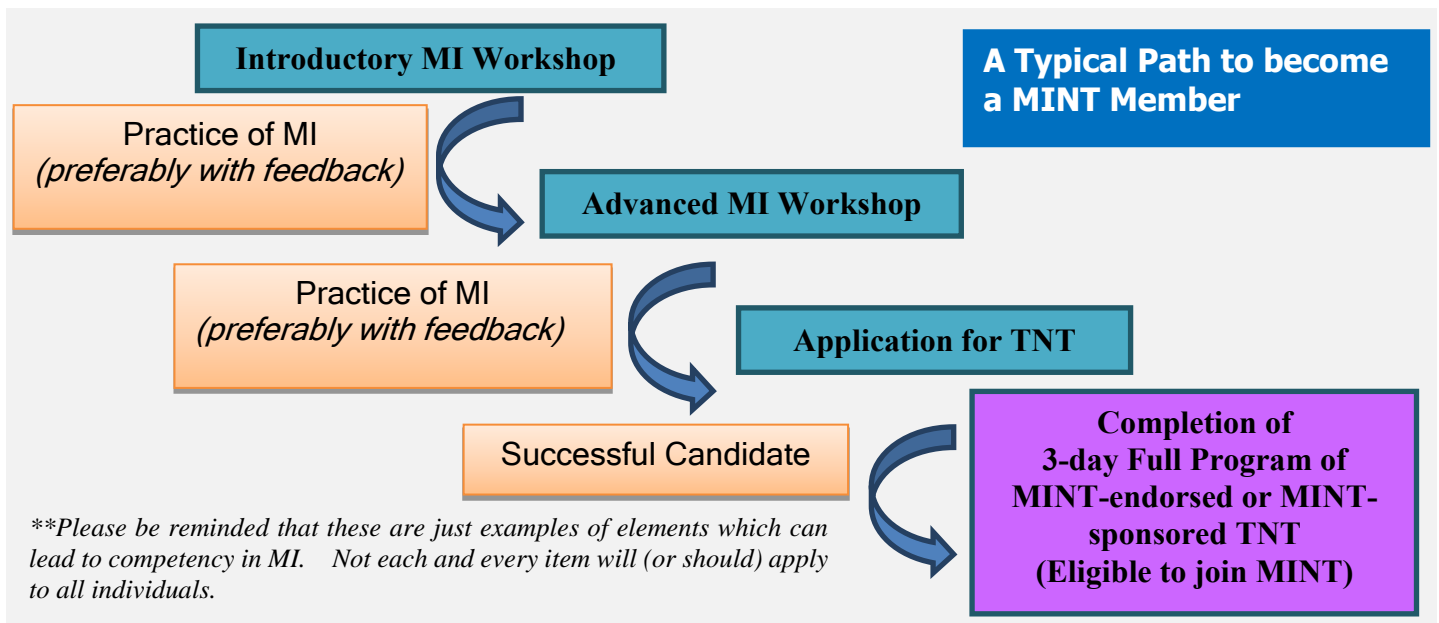
The only current way to be eligible for membership in MINT is through completing the **Training for New Trainers (TNT)** sponsored or endorsed by MINT. Application to a MINT-sponsored or MINT-endorsed TNT is a formal process and requires demonstration of participants' current ability to practice motivational interviewing.

The current workshop will not qualify participants to enter the Motivational Interviewing Network of Trainers (MINT) but will provide you a good foundation of MI prior to applying for participation in the TNT. Information about how to enter the MINT can be found at www.motivationalinterview.org

Introductory Workshop

This 3-half day introductory workshop is better suited to people who are new to MI or those who want an update or revision of the basics of MI. Topics include:

- ◆ MI model and important concepts about change
- ◆ MI Spirit
- ◆ MI 4-process framework
- ◆ Teach, show, and try basic MI skills OARS and accurate empathy
- ◆ Giving information and advice in MI-consistent way
- ◆ Recognizing, eliciting, and responding to change talk
- ◆ Recognizing and responding to sustain talk and discord



About the Trainer:

Mr. Paul Kong is a Clinical Psychologist in Hong Kong and a Member of the international Motivational Interviewing Network of Trainers (MINT). He is currently working and providing clinical psychology service in a local public hospital and has accumulated rich experience in the addiction field as well as in the mental health services. He dedicates his time in applying and developing Motivational Interviewing (MI) in the local context and has been invited to offer different levels of MI trainings to the healthcare professionals in Hong Kong, Macau, China, and Singapore. He is the founding chairman of the Chinese Association of Motivational Interviewing (CAMI) and is one of the translators of the Simplified Chinese version of Motivational Interviewing (3rd ed., 2013) and the Motivational Interviewing Treatment Integrity Coding Manual 4.2.1. He took a major leading role and co-trained with Professor William Miller in the first Chinese MINT-endorsed Training of New Trainers (TNT) in Hong Kong in 2018.



Medium of Instruction: Both Introductory and Advanced Workshops will be conducted mainly in **Cantonese** (with supplementary materials in English or Chinese)

Details of the 3 - half day Introductory Workshop on MI:

Date:	10, 17 & 24 October 2020 (Saturdays)
Time:	9:00am – 1:00pm (8:45am - Registration)
Format:	Online (Zoom)
Fee:	3-half day Introductory Workshop on MI – HK\$2,100 (seats limited to 60 participants)
Accreditation from Professional Bodies (In progress) <i>Accreditation for CME (Psychiatrist), DCP (Clinical Psychologist), DEP (Educational Psychologist), Occupational Therapist and Physiotherapist to be granted upon approval of the respective authorities</i>	

Registration

Please return the completed form with a cheque made payable to

United Christian Nethersole Community Health Service and mail to Emotional Health and Counselling Centre, 5/F, Block J, United Christian Hospital, 130 Hip Wo Street, Kwun Tong, Kowloon, Hong Kong

- ♦ The organizer reserves the rights to confirm the registration.
- ♦ Please be noted that the registration fee is non-refundable.

Enquiry: 2349-3212

Email: info.ucep@ucn.org.hk

Website: www.ucep.org.hk

Title: Dr. Mr. Ms. Other (pls specify) _____

Name^:

(Last Name)

(Given Name)

^Please write the name you wish to put on the "Attendance Certificate"

Occupation: Psychologist Social Worker Counselor Doctor Nurse Physiotherapist
Occupational Therapist Full-time Student Others: (pls specify) _____

Job Title:

Organization:

Address:

Phone:

Email :

Fee: HK\$2,100 (Introductory Workshop)

I know this program from: via UCEP promotion (email/ website/ Facebook/ other*)
 from a friend
 via HA promotion (email/ other*)
 via Accreditation Body _____
 Other _____

I ***do / do not** wish to be contacted by UCEP through email / direct mail / phone calls* for any direct marketing purposes of events and professional trainings in the future. UCEP shall not so use my personal data without my consent.
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Signature: _____ **Date:** _____